

## Prayer for the Novel Coronavirus

Please pray for God to stop the spread of the novel coronavirus in Wuhan, China:

- a. the local Chinese to be protected from the infection,
- b. wisdom of the various governments to effect policy to control the spread of the virus,
- c. people from affected areas be willing to follow government policies to stop the spread of the virus.

Please be advised that Governments from different countries are discouraging travel to the epidemic areas at this time. If you return to Canada after travel from the affected areas, please follow good public health practices and take a personal quarantine in your home for 10 days after your return to prevent the spread of the virus.

In face, If you have any signs of illness (fever, cough & cold etc.) during this flu season, it is important to stay home to rest and give yourself the best chance of recovery.

Before confirming any travel arrangements to the epidemic areas, please check for the latest travel advisories and warnings: <https://travel.gc.ca/travelling/advisories/pneumonia-china>



請為由武漢引發的肺炎病毒正在中國大陸快速蔓延禱告：求主保護內地同胞，官方制定出有效的預防措施，百姓也盡心依從，使疫情盡快回到可以受控的地步。

另外，各地政府已發出警告，甚至禁令，在疫症流行期間，不要到受感染地區旅遊或探親。如果從感染的地方來到加國後，無論有否病徵，最好先自我隔離 14 天休息和觀察。有利公眾防疫，將病毒蔓延的可能性減至最低。

其實，感冒期間，如有感冒、發燒、咳嗽等徵狀，也應該留在家中好好休息。

詳情可參考加拿大政府旅遊指引官方網頁：<https://travel.gc.ca/travelling/advisories/pneumonia-china>